

The Sanctuary Spa



It is our pleasure to introduce The Sanctuary...a place to stimulate your senses. The Sanctuary is the first and only Spa on the Island of Zanzibar. The Palms is the pioneer of luxury accommodation in the region and The Sanctuary is an extension of our concept.

In this beautiful & private setting, you can enjoy a variety of treatments and therapies, which are aimed at relieving the negative impacts of a modern lifestyle such as stress and exhaustion.

Offering a selection of treatments and massages drawing on contemporary Western & exotic Oriental techniques, The Sanctuary has added an additional touch of luxury and pampering to a stay at The Palms. Our private ocean front spa is decorated in relaxed tones with beautiful details reflecting the Zanzibar heritage.

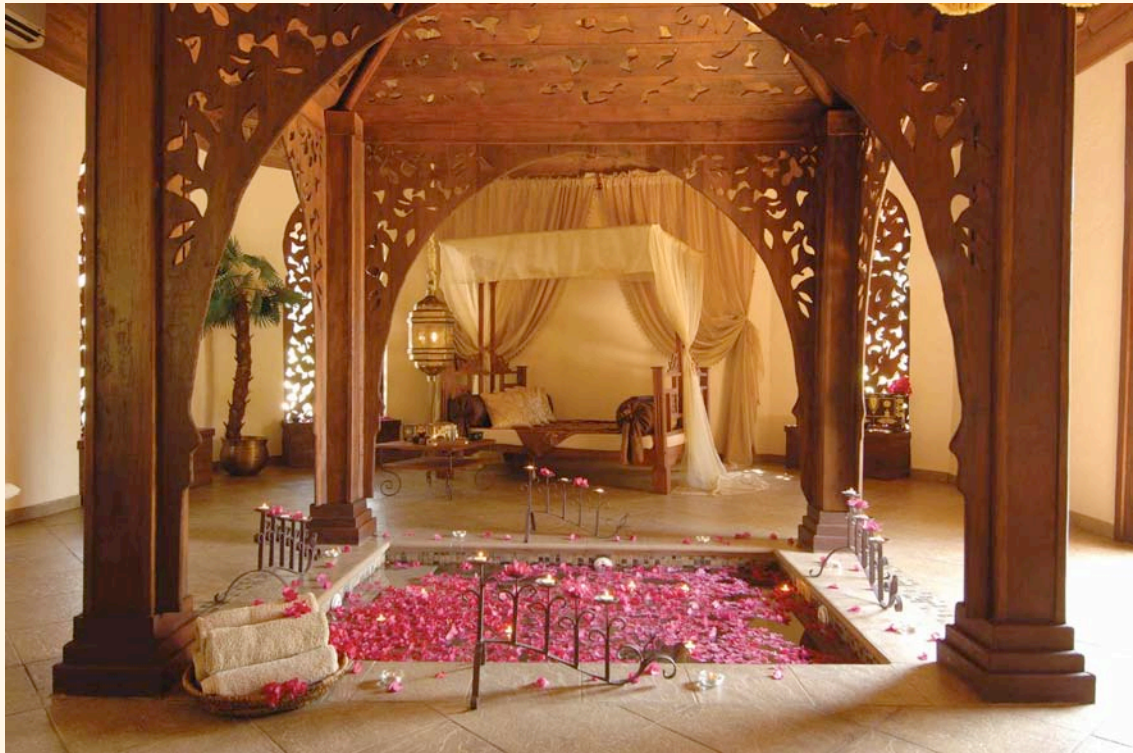
Our professional therapist has expert knowledge in a wide range of specialized massage techniques as well as treatments of the face, hands and Feet.

A variety of facial treatments including hydration, anti-stress, restoring and firming action will ensure that you feel relaxed and rejuvenated by the end of your stay. Special hand and feet treatments using natural extracts and balms are a wonderful way to unwind.

Therapeutic and relaxing massage techniques using essential oils and extracts for aromatherapy will induce stress-relief and reduce tension.

Natural skin care products of the highest quality only are utilised in the treatments. These treatments, together with a wide array of specialised massage techniques will stimulate your senses and allow you to experience a complete relaxation of body & mind.

The Sultan's Bath



Emulating the luxurious old Sultans bathhouses of Zanzibar, this is the latest addition to the renowned Frangipani Spa.

A truly unique experience not to be missed, it offers a spectacular ambience with the most beautiful décor.

The Sultan's Bath is the ultimate in pampering and relaxation, with soothing aromatherapy massage for two people at the same time, followed by a relaxing bath in the mosaic-tiled pool. The atmosphere is enhanced with relaxing music, candlelight and spice scented aromas - creating a blissful and tranquil setting stimulating a complete relaxation of the body & mind.

An absolute must for those who want to be pampered and to experience the very best of Zanzibar heritage.